



BarberCosmo
Board of Barbering & Cosmetology

MAILING ADDRESS

Board of Barbering and Cosmetology
PO Box 944226
Sacramento, CA 94244-2260

MISSION

To ensure the health and safety of California consumers by promoting ethical standards and by enforcing the laws of the barbering and beauty industry.

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The **BarberCosmo**
update

Issue No. 8



Message from the President

This year, the Board of Barbering and Cosmetology has experienced significant growth not only in outreach, staffing, and regulatory packages, but also in our licensee population. Compared to the previous quarter, the number of licensees has increased from 640,034 to 643,378, a 0.52% growth.

It has been both an honor and a privilege to serve as the Board's president this year, and I look forward to seeing how we continue to develop in the coming year.

In 2025, a few board members will see their terms expire. It has been a pleasure collaborating with my fellow board members to ensure the health and safety of California consumers in the barbering and beauty industries. With these upcoming vacancies, I encourage anyone passionate about our industry to read this newsletter for details on how to apply for a board member appointment on page 3.

Calimay Pham
Board President

Message from the Executive Officer

There has been a flurry of activity at the Board, particularly in our outreach efforts, which have seen significant growth this past quarter.

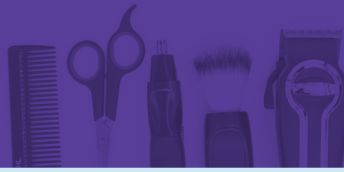
Board staff participated in two Senate/Assembly town hall meetings for Vietnamese nail salons. I also had the opportunity to deliver two presentations at a school, informing students about the Board's mission and how they can protect consumers once licensed. Board staff also were available to attend and answer questions at the Face and Body Skin Care and NailPro Nail Show in

Sacramento, Jazz Z Beauty Show in Pomona, and the American Electrology Association Conference in San Diego.

Looking ahead, I'm excited to prepare our calendars for the upcoming year. We have numerous outreach opportunities on the horizon to further promote our mission of consumer protection.

Kristy Underwood
Executive Officer





Board Members



Calimay Pham, Public Member, President

Tonya Fairley, Industry Member,
Vice President

Anthony M. Bertram, Industry Member

Megan A. Ellis, Public Member

Kellie Funk, Industry Member

Dr. Yolanda Jimenez, Public Member

Colette Kavanaugh, Industry Member

Tamika Miller, Industry Member

Danielle Munoz, Public Member

Steve Weeks, Public Member

Have You Considered Serving as a Board Member?

How would you like to contribute to the growth of the barbering and cosmetology industry in California? The board currently has two vacancies and is seeking a California-licensed cosmetologist and an establishment owner to serve as board members.

Board members help shape the direction of the beauty and barbering industry with their collective decision-making. Board members provide policy direction, participate in voting on disciplinary matters, and approve regulation packages.

Board members are expected to attend quarterly meetings and the ad hoc committee meetings that they are appointed to. Board members must also commit time to reviewing meeting materials and attending all trainings.

The first step in becoming a board or committee member is to apply to the office of the appropriate appointing official. The two current open positions are appointed by the Governor's Office. To apply for a board member appointment, visit the following website:

[Click here for governor appointment.](#)

Contact information for the appointing office:

[Office of Governor Gavin Newsom](#)

1021 O St., Suite 9000
Sacramento, CA 95814
(916) 445-2841

Once you've applied, you may be contacted for an interview, and a final selection will be made to confirm an appointment. If you have further questions about being a board member, please visit the [Department of Consumer Affairs website.](#)

Vietnamese Facebook Page is Live!

The Board is excited to announce the launch of a new Facebook page dedicated to the Vietnamese community. This page is a go-to source for important announcements, essential reminders for licensees, and valuable tips for consumers. Whether you're looking for updates on Board activities, need a refresher on licensure requirements, or keeping up on industry trends, we're here to keep you informed and connected.

Like and follow our page to stay updated and engage with the community:

www.facebook.com/profile.php?id=61563575557200.

NEW FACEBOOK PAGE

The Board of Barbering and Cosmetology is excited to announce the launch of a new Facebook page dedicated to the Vietnamese community.



f Hội Đồng Cắt Tóc và Thẩm Mỹ - California 🔍

TRANG FACEBOOK MỚI

Hội đồng Cắt tóc và Thẩm mỹ vui mừng thông báo ra mắt trang Facebook mới dành riêng cho cộng đồng người Việt.



f Hội Đồng Cắt Tóc và Thẩm Mỹ - California 🔍




Do's and Don'ts Scope Reminder

The practice of cosmetology is all or any combination of the following practices:

- Arranging, dressing, curling, waving, machineless permanent waving, permanent waving, cleansing, cutting, shampooing, relaxing, singeing, bleaching, tinting, coloring, straightening, dyeing, applying hair tonics to, beautifying, or otherwise treating by any means the hair of any person.
- Massaging, cleaning, or stimulating the scalp, face, neck, arms, or upper part of the human body, by means of the hands, devices, apparatus, or appliances, with or without the use of cosmetic preparations, antiseptics, tonics, lotions, or creams.
- Beautifying the face, neck, arms, or upper part of the human body, by use of cosmetic preparations, antiseptics, tonics, lotions, or creams.
- Removing superfluous hair from the body of any person by the use of depilatories or by the use of tweezers, chemicals, or preparations or by the use of devices or appliances of any kind or description, except by the use of light waves, commonly known as rays.
- Cutting, trimming, polishing, tinting, coloring, cleansing, or manicuring the nails of any person.
- Massaging, cleansing, treating, or beautifying the hands or feet of any person.
- Tinting and perming of the eyelashes and brows or applying eyelashes to any person.

Visit the link below for charts that list some of the common services often associated with cosmetologists.

https://barbercosmo.ca.gov/forms_pubs/publications/23-291_bbc_cosmotology_flier_2.pdf



COSMETOLOGISTS

Below are common services cosmetologists licensed by the California Board of Barbering and Cosmetology may or may not provide. The services listed below are not a full list of all services. It is ultimately a licensee's responsibility to understand their scope of practice as provided in Business and Professions Code section 7316.

HAIR SERVICES	WITHIN A COSMETOLOGIST'S SCOPE	PROHIBITED/ OUT OF SCOPE
Bleaching Hair/Highlights	X	
Blowdrying Hair	X	
Chemically Relaxing Hair	X	
Curling Hair	X	
Dyeing Hair	X	
Haircut	X	
Hair Masks	X	
Hairstyling/Updos	X	
Keratin Treatment	X	
Permanent Waving	X	
Shampooing Hair (not using prescription shampoo)	X	
Straightening Hair	X	

ESTHETIC SERVICES	WITHIN A COSMETOLOGIST'S SCOPE	PROHIBITED/ OUT OF SCOPE
Body Contouring/Sculpting		X
Cavitation		X
Cryotherapy		X
Cryolipolysis or Any Fat-Reduction Treatment		X
Dermaplaning/Dermablading	X	
Dermarolling		X
Electrical Muscle Stimulator		X
Electrolysis		X *
Extractions (not using needles)	X	
Eyelash and Eyebrow Tinting	X	
Eyelash Extensions	X	
Eyelash Perming/Lash Lifts/Brow Lamination	X	
Facials (cleansing, exfoliating, massaging)	X	
Fibroblast/Plasma Skin Tightening		X
High Frequency Current	X	

* Electrolysis is the practice of removing hair from, or destroying hair on, the human body by the use of an electric needle. Only licensed electrologists may provide electrolysis.

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Maintaining Salon Results at Home

We all love that fresh-from-the-salon feeling, but extending those results between appointments is the key to keeping your look flawless. Whether you're trying to keep your hair vibrant, nails manicured, or skin glowing, the Board has gathered some tips to help you maintain that salon-perfect finish at home.

Hair Care: Extend Your Salon Shine

- ✓ **Use Salon-Recommended Products:** Invest in the high-quality shampoos, conditioners, and styling products that your cosmetologist, hairstylist, or barber uses on you. These are formulated to maintain your hair's health and to keep your color fresh for a longer period of time.
- ✓ **Avoid Over-Washing:** Washing your hair too often (especially with hot water) can strip it of natural oils and can cause color to fade faster.
- ✓ **Protect from Heat:** Always use a heat protectant spray before blow-drying or using hot styling tools. This helps prevent damage and keeps your hair looking smooth and shiny.
- ✓ **Schedule Regular Trims:** Even if you're growing your hair out, regular trims every 6–8 weeks will keep split ends at bay and your hair looking healthy.

Nail Care: Keep Those Manicures Fresh

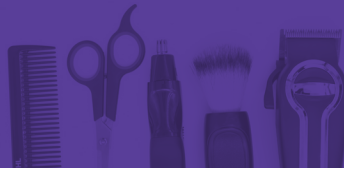
- ✓ **Moisturize Regularly:** Keep your hands and cuticles hydrated with a nourishing hand cream or cuticle oil. This prevents dryness and maintains the look of your manicure.

- ✓ **Be Gentle:** Wear gloves when doing chores like hand-washing dishes to protect your nails from harsh chemicals and prolonged water exposure, which can weaken them.
- ✓ **Avoid Chipping:** If you opt for a regular polish at the salon, you can reapply the topcoat every few days to keep your polish looking pristine.

Facial Care: Preserve That Radiant Glow

- ✓ **Follow a Consistent Routine:** Stick to the skincare routine recommended by your esthetician or cosmetologist. Consistency is key to maintaining the results of your facial treatments.
- ✓ **Use Sunscreen Daily:** Protect your skin from UV damage with a broad-spectrum sunscreen of at least SPF 30.
- ✓ **Stay Hydrated:** Drink plenty of water and use a good moisturizer to keep your skin hydrated from the inside out.
- ✓ **Exfoliate Regularly:** Gently exfoliate your skin once or twice a week to remove dead skin cells and prevent clogged pores, ensuring your complexion remains smooth and bright.

By incorporating these simple yet effective tips into your daily routine, you can extend and enjoy the benefits of your salon visits for a longer time!



Expert Consultants Wanted

The Board's inspection program may issue a citation for a violation of its regulations. However, for more serious cases involving harm to consumers, the Board may take formal disciplinary action that can lead to a license being placed on probation or even revoked. In these instances, the Board uses experts gleaned from the ranks of the professions themselves to evaluate the evidence against a licensee and, if needed, testify at administrative hearings.

This is where expert consultants come in. They review case materials and investigative reports, prepare written opinions, and possibly testify at administrative hearings involving licensees accused of incompetence, gross negligence, or unprofessional conduct.

An expert consultant must meet the following minimum qualifications:

- ✓ Possess a current and active license in their profession.
- ✓ Be in good standing with the Board with no prior disciplinary actions or convictions, no pending investigations, and no outstanding administrative fines.
- ✓ Be currently working in the specific field of expertise and have five years of experience in that field.
- ✓ Have a current, working knowledge of the Board's laws, rules and regulations.
- ✓ Have consistent, ongoing, face-to-face client contact in a licensed establishment.
- ✓ Possess strong persuasive writing skills with the ability to express ideas logically and critically.
- ✓ Be willing to serve as an expert consultant for three consecutive years.

For more information, visit: https://barbercosmo.ca.gov/enforcement/expert_recruit.shtml.

“Do I need a license to thread?”

Threading is an ancient hair removal technique that originated in the Middle East and South Asia. It involves using a thin, twisted cotton thread to trap and remove unwanted facial and/or body hair from the root.

The Board does not license threaders. If an individual is only providing threading services, a personal license is not required. However, if the threader will also be waxing or applying makeup, they must be a licensed esthetician or cosmetologist and work in a licensed establishment.





“What type of manicure is best for me?”

With so many manicure options available, choosing the right one for your needs can feel overwhelming. From classic to cutting-edge, each type offers unique benefits and finishes. Here’s a guide to some of the most popular manicure styles.

Classic Manicure

What to Expect: The classic manicure is a timeless choice that focuses on clean, well-groomed nails. It includes nail shaping, cuticle care, a hand massage, and the application of your favorite polish.

Benefits: It’s perfect for everyday wear and can be easily customized with various colors and finishes.

Ideal For: Those seeking a polished yet simple look or for routine maintenance.

Gel Manicure

What to Expect: Gel manicures use a special gel polish that’s cured under a UV or LED light; this process ensures a long-lasting finish.

Benefits: Gel nails are known for their durability and resistance to chipping, making them a great choice for those who want a long-lasting manicure. They also dry instantly under the light, so there’s no waiting around for your nails to set.

Ideal For: Busy individuals or those who need a manicure that can withstand daily wear and tear.

Dip Powder Manicure

What to Expect: Dip powder nails are created by dipping your nails into a pigmented powder, followed by a bonding solution. This process is then sealed with a topcoat.

Benefits: Dip powder manicures are known for their strength and longevity. They typically last longer than traditional polish and don’t require UV light for curing.



Ideal For: People who want a durable, vibrant color with minimal maintenance.

Acrylic Manicure

What to Expect: Acrylic nails involve applying a mixture of liquid monomer and powder polymer to create a hard, durable surface. They are usually sculpted to your desired shape and length.

Benefits: Acrylic nails are highly customizable in terms of length and shape, and they are exceptionally strong, making them ideal for those with weak or brittle nails.

Ideal For: Those who desire long, dramatic nails or need extra strength due to natural nail weaknesses.

Gel-X Manicure

What to Expect: Gel-X nails use pre-formed gel tips that are applied to your natural nails with gel adhesive and cured under a UV light. This technique provides a sleek, natural-looking extension.

Benefits: Gel-X offers a lightweight, flexible option that’s less damaging than traditional acrylics. It’s perfect for achieving a natural yet extended look.

Ideal For: Individuals who want longer nails without the bulk of acrylics or the dryness of traditional gels.

We hope this guide helps you make an informed decision for your next manicure appointment. No matter which style you choose, embracing regular nail care and maintenance ensures that your hands always look their best.



The History of the Barber Pole

When you hear the word “barbering,” what comes to mind? You may imagine a straight razor shave, beard trim, or fade haircut. Or, you may picture the iconic red, white, and blue barber pole. The barber pole is a symbol recognized by many, but do you know the origin?

In the Middle Ages, barbers took on responsibilities beyond grooming. They were considered “barber-surgeons,” performing procedures such as bloodletting and minor surgeries in addition to haircuts and shaves. Barbers performed these additional services due to the necessity for basic surgical care at a time when professional physicians were rare. The design of the barber pole began in this period; the red and white stripes symbolize the blood and bandages associated with barber-surgeons.

The pole’s design has evolved significantly over the centuries. Initially, it featured a single spiral stripe, but as barbering became more distinct from surgery, the design transformed into the recognizable alternating pattern we see today. The red symbolizes blood, the white represents bandages; blue is often thought to symbolize veins, though its meaning and inclusion varies by region. This design helped customers easily identify barbers and their services.

In modern times, the barber pole remains a universal symbol of barbering, often found outside barbershops to signify grooming services. The pole has also experienced a new cultural significance with the rise of the traditional barbering and grooming culture. Today, the pole not only signifies a place for haircuts and shaves, but also serves as a nostalgic emblem of community, trust, and professionalism in the grooming industry.





How Licensees Can Raise Awareness about Domestic Violence

Board licensees have a unique opportunity to play a pivotal role in raising awareness and providing support to those who may be experiencing domestic violence.

Understanding Domestic Violence

Domestic violence, also known as intimate partner violence, is a pattern of behavior in which one person seeks to gain or maintain power and control over another person in an intimate relationship. It can manifest in various forms including physical, emotional, psychological, sexual, and financial abuse. Unfortunately, it affects millions of individuals across all demographics, and often, the victims are isolated from their support networks, making it difficult for them to seek help.

The Role of Licensees

Barbers, cosmetologists, hairstylists, estheticians, electrologists, and manicurists are in a unique position to make a difference. They interact with clients regularly, building relationships that can provide a foundation for support. Here's how you can leverage your position to help raise awareness and assist those who may be suffering in silence:

Educate Yourself and Your Staff

Understanding the signs of domestic violence and knowing how to respond appropriately is the first step. Consider providing training for yourself and your team on how to recognize red flags and how to handle disclosures of abuse. This knowledge can empower you to offer meaningful support.

Create a Safe Space

Your establishment can be a haven for clients who need a safe space to talk. Foster an environment of trust and confidentiality in which clients feel comfortable sharing their concerns. You don't need to be a counselor, but your supportive attitude can make a significant difference.

Display Resources

Consider displaying brochures and contact information for local domestic violence shelters and support organizations in your establishment. These can provide clients with access to resources if they need them. Ensure these materials are discreetly placed to respect the privacy of those who may need them.

Participate in Awareness Campaigns

Engage in awareness campaigns and community events related to domestic violence awareness month. You can use your platform to share information, participate in fundraising efforts, or collaborate with local organizations that support victims of domestic violence.

Offer Support

If a client discloses abuse, approach the conversation with sensitivity and compassion. Ensure they know that they are not alone, and that help is available. Provide them with information about local support services and encourage them to reach out for professional assistance.

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The BarberCosmo **update**



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Promote Healthy Relationships

Use your platform to advocate for healthy relationships and respectful behavior. You can do this via social media posts, in-salon conversations, or incorporating positive messages into your business practices.

Take Action

As licensees who interact closely with clients, you have a unique opportunity to raise awareness and provide support. By educating yourself, creating a supportive environment, and participating in awareness efforts, you contribute to the larger movement against domestic violence.

If you believe you have identified a potential victim of domestic violence or human trafficking, contact local law enforcement, explain the situation, and leave it in their hands. Do not attempt to rescue the person; it may be unsafe for both you and the potential victim. Allow law enforcement to do their job. For urgent situations, notify local law enforcement immediately by calling 911. You should also alert one or more of the state or national resource centers listed at <https://barbercosmo.ca.gov/consumers/noviolenceinbeauty.shtml>.



The BarberCosmo update



Mailing Address

Board of Barbering and Cosmetology
P.O. Box 944226
Sacramento, CA 94244-2260

In-Person Payments Accepted at the Following Location

Department of Consumer Affairs
1625 North Market Blvd Suite 100
Sacramento, CA 95834

Hours: Monday Friday, 8 a.m. to 5 p.m.
(excluding state holidays)

Download any forms needed at http://www.barbercosmo.ca.gov/forms_pubs/index.shtml

Accepted forms of payment: cash (for the exact amount), checks, cashier's checks, and money orders.

No in person credit card payments will be accepted.

Mission

To ensure the health and safety of California consumers by promoting ethical standards and by enforcing the laws of the barbering and beauty industry.

Have You Recently Moved?

It is important that the Board has accurate addresses on file should the Board need to contact its licensees or applicants. Government mail is not forwarded by the post office. Update your home address online through [BREEZE](#). Licensees are required by law to notify the Board within 30 days if they change their address of record.

Interested In Beginning Your State Career?

Visit the Board's [Job Opportunities webpage](#) at www.barbercosmo.ca.gov to view current job announcements and information on how to apply.

Benefits include:

- Opportunities for career advancement.
- Great state retirement and medical/dental plans.
- Free on site parking and access to public transportation.
- Work hours 8 a.m. 5 p.m. Monday Friday, weekends off, and paid holidays.
- Hybrid telework options available.

Subscribe to the Board's Email List to Receive Updates on Regulations, Board Meetings, Important Bulletins, and More!

www.dca.ca.gov/webapps/barber/subscribe_email.php

Have a Question?

Check out the [Frequently Asked Questions](#) webpage at www.barbercosmo.ca.gov for answers to your questions!

Contact the Board

- Applicants, licensees, and members of the public may call (800) 952 5210 or email barbercosmo@dca.ca.gov for questions not answered on our [FAQs page](#).
- School owners and administrators: email BBC.Schools@dca.ca.gov.
- Apprenticeship sponsors: email BBC.Apprentice@dca.ca.gov.

